

Asthma Management Update

16 May

This one day program will give health professionals an update on current understanding and management of asthma. A wide range of areas are covered including:

- Medications & device use
- Self management strategies
- Childhood asthma
- Smoking cessation strategies

Cost: \$250 (EB - \$225) CPD hrs = 7

Paediatric Respiratory Update

13 June

This extensive update, with input from the RCH, is for health professionals wishing to improve their knowledge & skills in the current assessment & management of childhood respiratory illnesses. Topics covered include:

- Asthma, croup, bronchiolitis, whooping cough & pneumonia
- Paediatric respiratory assessment & management
- Medications
- Correct use of devices

Cost: \$250 (EB - \$225) CPD hrs = 7

Introduction to Spirometry Workshop

24 August

This half day workshop is for health professionals wanting an introduction to basic spirometry measurement & interpretation. Topics covered include:

- Indications for spirometry
- Quality assurance
- Infection control
- Trouble shooting problems
- Interpretation of case studies
- Demonstrations

Cost: \$130 (EB - \$117) CPD hrs = 4

NB: Some courses are able to be delivered off site upon request. Please contact the Centre for further information.

*** All brochures are printed on plantation farmed paper & the ink is soya based environmental ink.***

The Centre acknowledges and thanks the following partners for their support:

Major Partners

GlaxoSmithKline

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The Lung Health Promotion Centre at The Alfred is committed to excellence in the provision of quality education, & support for health professionals that will enable them to assist people with respiratory conditions to achieve & maintain optimal health.

Lung Health Promotion Centre at The Alfred

For further information on any of the courses or seminars listed please contact the:

Lung Health Promotion Centre
The Alfred
Commercial Road,
Melbourne, Victoria 3004
Phone: (03) 9076 2382
Fax: (03) 9076 3434
Website: www.lunghealth.org
Email: lunghealth@alfred.org.au

Continuing Professional Development Points



Courses/programs are endorsed by the Royal College of Nursing, Australia. Attendance at these programs earns CNE points as part of the College's Lifelong Learning Program.

All courses attract Continuous Professional Development Hours for health professionals.

Please contact the Centre for further information about point allocation for courses.

Lung Health Promotion Centre
at The Alfred



Lung Health Education Program 2012

The Centre offers a wide range of courses and workshops for health professionals working in lung disease management.



www.lunghealth.org

Lung Health Promotion Centre at The Alfred

Education Program 2012

Course Venue and Discounts:

All courses are held at *The Alfred, Commercial Road, Melbourne.*

Early Bird Discount: 10% off total course fee(s) when paid in full at least 4 weeks prior to the course date.

Multiple Course Bookings: The following discounts apply when 2 or more courses are paid in full at the same time - \$20 off any 1 day program / \$35 off any 2 or more days program.

NB: All costs are inclusive of GST

EB = Early Bird Discount

CPD hrs = Continuing Professional Development hours

Asthma Educator's Course

21-23 March 18-20 July 14-16 November

This highly regarded 3 day course also has an **(optional 4th day)** on education and presentation skills. Covering the latest advances in asthma management and care, it provides health professionals with the knowledge and skills to work effectively with people who have asthma to improve their management and health outcomes. Taking a holistic approach, the course is presented by experts and covers topics such as:

- What is asthma
- Medications & device use
- Acute management
- Asthma & allergy
- Complementary therapies
- Self management & adherence strategies
- Smoking cessation strategies
- Childhood asthma

Cost: \$690 (EB - \$621) CPD hrs = 21

Educating & Presenting with Confidence

(optional 4th day to Asthma Educator's Course)

20 March 17 July 13 November

This highly evaluated small group, practical day program gives participants the opportunity to develop their educating and presenting skills to a professional level. In a supportive environment it gives participants the chance to:

- Plan individual & group education sessions
- Use a structured approach to planning education programs
- Identify learning styles & teach accordingly
- Learn practical strategies to overcome fear
- Practice presentation skills

Cost: \$250 (EB - \$225) CPD hrs = 7

Respiratory Course

30-31 May, 1 June / 27-28 June 19-21 Sept / 24-25 Oct

This extensive two part, 5 day course is for health professionals working in or wishing to work in the area of respiratory medicine. It takes an holistic approach to working with patients with respiratory illness. The course is presented by experts and topics include::

- Anatomy & physiology of the lungs
- Asthma & COPD management
- Auscultation & respiratory assessment skills
- ABG interpretation, O₂ therapy & NIV support
- Chronic illness: psychology & end of life issues
- Smoking cessation strategies
- Sleep apnoea (includes visit to sleep lab)
- Complementary therapies

Cost: \$915 (EB - \$823) CPD hrs = 35

Theory & Practice of Non Invasive Ventilation (NIV) - Bi-Level and CPAP Management

8 June

This program is for participants wanting to gain skills in emergency and ward management of NIV in respiratory conditions. Topics include what is NIV, managing respiratory failure, oxygen delivery systems, oximetry, monitoring and practicum.

Cost: \$250 (EB - \$225) CPD hrs = 6

Smoking Cessation Facilitators Course

8-9 March 26-27 July 1-2 November

This highly evaluated, 2 day, evidence-based course, aims to give health professionals the knowledge and skills to treat and manage nicotine dependency and help people addicted to smoking to quit. The course helps skill participants to be able to work effectively one on one with clients and to conduct smoking cessation clinics.

Cost: \$580 (EB - \$522) CPD hrs = 14

Happiness, Resilience & Wellbeing For Life & Work

20 June

This interactive day workshop will give participants the opportunity to explore and practice happiness strategies and the concepts of positive psychology, the science of happiness. It will assist them to identify what enhances happiness, cultivate their strengths and learn strategies to enhance resilience and wellbeing for themselves and their clients.

Cost: \$250 (EB - \$225) CPD hrs = 7

Managing COPD - There IS something you can do!

26-27 April 6-7 Sept 22-23 Nov

This course is for health professionals who wish to improve their understanding of and update their knowledge in the current treatment and management of COPD. Taking a holistic approach to the management of COPD, it is presented by experts in the field and covers topics such as:

- What is COPD
- COPDX guidelines
- Medications & device use
- Psychological issues
- Nutrition
- Smoking cessation strategies
- Pulmonary rehabilitation
- Palliative care and end of life issues.

Cost: \$520 (EB - \$468) CPD hrs = 14

Respiratory Clinical Update

3 May

This program will give health professionals the opportunity to improve their skills and knowledge in the assessment and care of the person with lung disease.

Topics include:

- Overview of anatomy & physiology of the respiratory system
- Respiratory assessment skills
- Auscultation skills
- Asthma & COPD management
- O₂ therapy
- ABG interpretation

Cost: \$250 (EB - \$225) CPD hrs = 7

Spirometry Principles & Practice (endorsed by TSANZ)

23-24 Feb 26-27 Mar 28-29 May 9-10 Aug 29-30 Nov

This extensive, small group, 2 day course is for health professionals who wish to be able to accurately perform and interpret spirometry tests. Topics covered include:

- The role of spirometry in care of people with chronic lung disease
- How to correctly perform spirometry
- How to identify common testing problems
- Interpretation of results
- Infection control & quality assurance
- Large practical component

Cost: General Fee: \$690 (EB - \$621) CPD hrs = 14